



JERNEJ KITCHEN

CREAMY WILD MUSHROOM SOUP

Creamy Wild Mushroom Soup is one of the best homemade comfort foods: Easy and quick to make, yet super comforting and hearty.

SERVES	4	PEOPLE
PREPARATION:	5	MINUTES
COOK:	30	MINUTES
TOTAL TIME:	35	MINUTES

CREAMY WILD MUSHROOM SOUP

1 onion
4 cloves of garlic
1 tbsp butter
1 tbsp olive oil
1 sprig of: parsley + thyme + marjoram
500 g fresh or frozen sliced wild mushrooms (17.6 oz)
1 tbsp white wine (optional)
1 liter (4 cups + 1/4 cup) vegetable stock or water
100 g sour cream (1/2 cup)

TOOLS AND EQUIPEMENT

kitchen knife
chopping board
pot
immersion blender or blender
4x serving plates or bowls

Sponsored

COOK THE ONION, GARLIC AND HERBS

Peel the onion and garlic cloves and then finely chop them both. Place a pot over medium-high heat. Add the olive oil and butter. Leave the butter to melt, then add the chopped onion, garlic, and chopped herbs. Cook for about 5 minutes on low heat.

COOK THE MUSHROOMS

If you are using fresh mushrooms, clean them and cut on larger chunks. Add the mushrooms to the pot. Cook frozen sliced mushrooms for about 15 minutes and if you are using fresh mushrooms, cook them for about 5 minutes, stirring occasionally.

TIP

When cooking the mushrooms it is super important they become beautifully golden brown. That color means that they are becoming caramelized, which means the soup will be full of flavor.

COOK THE MUSHROOM SOUP

Optionally add one tablespoon of white wine to the mushrooms, then pour in the vegetable stock or water. Season with salt and black pepper, then leave the mixture to boil. Once it starts to boil, reduce the heat and cook for about 10 minutes (low simmer).

BLEND AND SERVE

Remove the soup from the heat and blend it using an immersion blender (or in a blender). Season to taste with additional salt and pepper if necessary. In a separate small bowl stir to combine sour cream and 100 ml (1/2 cup) of water.

Add the mixture to the mushroom soup, stir and serve. Divide the soup between four plates or bowls. Serve with pan-fried mushrooms, croutons, bread and/or fresh chopped parsley. Bon appetite.