



JERNEJ KITCHEN

FRENCH TOAST WITH BACON AND HOT SAUCE

French toast with bacon is such an easy treat. Hot sauce, fluffy french toast and crispy bacon definitely make a morning perfect.

SERVES	4	PEOPLE
PREPARATION:	10	MINUTES
COOK:	18	MINUTES
TOTAL TIME:	28	MINUTES

HOT SAUCE

- 1 tsp lard or olive oil
- 1 tsp brown sugar
- 1/2 tsp smoked paprika
- 1 1 onion, peeled and diced
- 2 cloves of garlic, peeled and thinly sliced
- 1 tsp chopped dried chili
- 1 tbsp chopped sun-dried tomatoes
- 1/2 tsp dijon mustard
- 1 bay leaf
- 100 g [Tomato Purée](#)
- 1 tbsp balsamic vinegar
- 1 tbsp Worcester sauce

FRENCH TOAST WITH BACON

- 4 eggs
- 80 ml milk (1/3 cup)
- 50 ml whipping cream (1/4 cup)
- 2 tbsp vegetables oil
- 1 tsp butter
- 4 slices white brioche or milk bread

HOT SAUCE

Place a small saucepan with lard (or olive oil) over medium-high heat. Add brown sugar, smoked paprika powder, diced onion and thinly sliced cloves of garlic. Stir to combine, then add chopped chilli and chopped sun-dried tomatoes. Stir to combine, lower the heat and cook for another 2 minutes.

HOT SAUCE

Add dijon mustard, bay leaf and homemade tomato puree (or store-bought passata), balsamic vinegar, Worcester sauce and 150 ml (2/3 cup) of water. Cook for about 10 minutes over medium heat (low simmer).

FRENCH TOAST AND BACON

Combine the eggs, milk and whipping cream in a shallow wide dish. Season with salt and pepper. Place a skillet over medium - high heat. Add vegetable oil and butter to the hot skillet. Dip each slice of bread into the egg mixture allowing them to soak on both sides. Gently prick one side of the bread with a fork then transfer each piece to the hot skillet and cook until golden brown on both sides, for about 3 - 4 minutes per side.

SERVE

Transfer the french toast to a plate covered with kitchen towels. Divide the french toast between four plates and serve with crispy fried bacon, a teaspoon of homemade hot sauce and fried egg. Enjoy.

TOOLS AND EQUIPEMENT

- saucepan
- wooden spoon

(2 cm (1-inch) thick)

8 slices good quality bacon

skillet

kitchen towels