

JERNEJ KITCHEN

CHURROS

Churros are delicious fried treats that we can find in Spain and Portugal. The exterior is crunchy, while the interior stays soft and melts in your mouth.

MAKES 24 CHURROS

PREPARATION: 15 MINUTES

REST: 30 MINUTES

FRY: 15 MINUTES

TOTAL TIME 1 HOUR

CHURROS

300 g (2 1/2 cups) all-purpose flour

1 tbsp baking powder

3 tbsp sugar

1 tsp (3g) salt

500 ml (2 cups 2 tbsps) water

2 tbsp olive oil

750 ml (3 cups) canola oil

DUSTING

50 g (1/4 cup) sugar

1/2 tsp cinnamon powder

CHOCOLATE DIP

180 ml (2/3 cup) heavy cream

120 g (2/3 cup) semi-sweet chocolate chips

1 pinch of cinnamon powder

TOOLS AND EQUIPEMENT

bowl spatula

TEFAL deep pan

pastry bag with 1 cm star tip thermometer

DOUGH

Add flour, baking powder, sugar, and salt to a bowl. Stir to combine. Pour boiling water over the mixture and add the olive oil. Stir with a spatula to combine all the ingredients into a thick mixture. Don't overwork it. Set aside for 30 minutes for the mixture to cool.

CHURROS

Prepare a pastry bag with a 1-cm star tip. Fill the pastry bag with the mixture. Pour oil into a deep pan Tefal ($26\ cm$). Heat the oil until it reaches $170\ -\ 180^\circ C\ /\ 340\ -\ 355^\circ F$. When the oil is hot, pipe $4\ -\ 6$ churros, approx. $10\ cm\ (4\ inches)\ long$. Don't overcrowd the pan, or the oil temperature will fall, and the churros won't be as crispy. Fry the churros for $3\ minutes$ or until golden brown. Using a slotted spoon, transfer the churros to a baking dish lined with paper towels and repeat the process until you use all the mixture.

DUSTING

In a small bowl, stir to combine sugar and cinnamon powder. Coat the churros in the mixture.

CHOCOLATE SAUCE

Add chocolate chips to a bowl. Add a pinch of salt and Sponsored cinnamon powder. Add heavy cream to a saucepan and bring to a boil. Pour the boiling cream over the chocolate and set aside for 5 minutes, then stir into a smooth sauce. Serve with churros.

saucepan bowl