

JERNEJ KITCHEN

POTATO LEEK SOUP

Potato Leek Soup is a simple creamy soup perfect for any day of the year. It is light, creamy, delicious, beginner-friendly, and gluten-free.

SERVES 4 PEOPLE

PREPARATION: 5 MINUTES

COOK: 20 MINUTES

TOTAL TIME: 25 MINUTES

POTATO LEEK SOUP

1 large leek (250g / 1/2 pound)

1 medium potato

2 tbsp butter

1 tbsp olive oil

750 ml (3 cups) vegetable broth or water

40 g (3 tbsp) heavy cream or whipping cream

TOOLS AND EQUIPEMENT

kitchen knife cutting board pot blender or immersion blender

PREPARE THE VEGETABLES

Cut the leek lengthways and clean under running water. Cut into small chunks. Peel the potato and cut it into 1 cm x 1 cm (1/2-inch x 1/2-inch) cubes.

COOK THE SOUP

Place a pot over medium heat. Add butter and olive oil. When the butter melts, add the leek and potato. While regularly stirring, cook for 5 minutes. Pour in the water or vegetable broth. Bring to a boil, then simmer gently, covered with a lid, for 12 - 14 minutes or until the potato is cooked.

BLEND AND SERVE

Sponsored Transfer the soup to a blender and mix until you get a smooth and creamy soup. Feel free to use an immersion blender. Season with salt and pepper to taste, then stir in the heavy cream (or whipping cream). Divide the soup between four plates. Optionally serve with crunchy croutons.