

JERNEJ KITCHEN

TZATZIKI FETA SPREAD

Tzatziki Feta Spread is similar to tzatziki but has a few delicious additions and is thicker. Perfect for spreading over warm toasted bread for breakfast.

SERVES 6 PEOPLE PREPARATION: 5 MINUTES

PAN-FRYING: 6 MINUTES TOTAL TIME: 11 MINUTES

TZATZIKI FETA SPREAD

2 scallions (spring onions)

1/2 cucumber

200 g (3/4 cup) greek yogurt

200 g (1/2 pound) feta cheese

1 garlic clove

1 tsp dill

2 tbsp olive oil

1 tsp lemon juice

4 mint leaves

TOOLS AND EQUIPEMENT

kitchen knife cutting board grill pan food chopper

PREPARE THE VEGETABLES

Peel the cucumber and cut it into larger chunks. Clean the scallions and cut them in half. Place a grill pan over high heat. Add the cucumber and scallions. Pan-fry for six minutes, occasionally turning until it's beautifully golden on all sides. Set aside for a couple of minutes to cool.

MIX INTO A SPREAD

Add greek yogurt, feta cheese, garlic, dill, olive oil, lemon juice, and mint into a chopper. Cut the veggies roughly and add them to the chopper as well. Mix into a smooth spread, then season to taste with salt and pepper.

SERVE

Arrange the spread over a serving plate. Optionally drizzle with olive oil and sprinkle with fresh herbs and spices like dill and fresh pepper. Serve for breakfast, brunch, snack, or appetizer.