



JERNEJ KITCHEN

BACON CAESAR SALAD WITH APPLES

Bacon Caesar Salad with Apples is a light lunch or dinner recipe, that is perfect for a quick meal on the go. Made with homemade salad dressing.

SERVES 2 PEOPLE
TOTAL TIME: 20 MINUTES

CROUTONS

120 g (4 ounces) or 1/2 of baguette

3 tbsp olive oil

SALAD DRESSING

3 anchovy fillets

1 garlic clove

1 egg

1 tbsp white wine vinegar

1 tbsp lemon juice, freshly squeezed

1 tsp dijon mustard

15 g (1/4 cup) grated parmesan cheese

60 ml (1/4 cup) canola oil

2 tbsp olive oil

1/4 tsp cayenne pepper

CAESAR SALAD

2 slices bacon

hearts of 3 heads of romaine lettuce, or a whole lettuce

1 apple (like Evelina or Fuji)

10 g (2 tbsp) parmesan cheese

PREPARATION

Preheat the oven to 210 °C / 410 °F. Arrange a rack in the middle of the oven. Line a baking sheet with parchment paper.

CROUTONS

Cut the baguette into 2cm or 1-inch cubes. Add the bread onto the prepared baking sheet. Drizzle with olive oil and toss to combine, then arrange in a single layer and place in the oven. Bake for 8 - 10 minutes at 210 °C / 410 °F. Stir and turn the baking sheet around once while baking.

SALAD DRESSING

To a bowl, add the anchovy fillets, egg, garlic, lemon juice, vinegar, dijon mustard, parmesan. Using an immersion blender or a blender, mix into a smooth mixture. Gradually, in a thin stream, start adding both of the oils, while running the blender at low speed. Mix well to incorporate until the dressing is smooth and silky. Season to taste with salt and pepper. Optionally add the cayenne pepper too. Set aside until needed.

BACON CAESAR SALAD WITH APPLES

Set a pan over medium heat. Add the bacon and cook for about 2 - 3 minutes or until golden-brown and crispy. Clean the romaine lettuce and tear into larger pieces. Clean and cut the apples into thin slices. Arrange the salad, croutons, and apples over a serving platter. Sprinkle over the crispy bacon. Using a speed peeler, shred some parmesan cheese over the salad and generously pour half of the dressing on top. Serve the other half of the dressing on aside.

TOOLS AND EQUIPEMENT

baking sheet

parchment paper

kitchen knife
cutting board
bowl
immersion blender or blender