



JERNEJ KITCHEN

CURED SALMON GRAVLAX

Cured Salmon Gravlax is an amazing Nordic appetizer, that is easily prepared at home. Tasty, fresh and irresistibly delicious.

MAKES 500G GRAVLAX (APPROX. 1 POUND)
PREPARATION: 15 MINUTES

CURED SALMON GRAVLAX

- 1 tsp fennel seeds
- 1 tsp coriander seeds
- 1 tsp juniper berries
- 1 tbsp whole black pepper
- 1 handful of fresh dill
- 180 g salt (6.3 oz)
- 120 g sugar (4.2 oz)
- 1/2 tsp smoked paprika
- zest of one bio lime (or lemon / orange)
- 600 g salmon fillet (1.3 pound)

TOOLS AND EQUIPEMENT

Sponsored

- pestle and mortar
- pan
- baking sheet
- parchment paper
- [vacuum bags](#)
- [Vakuumski machine SV2000 \(Status Metlika\)](#)
- kitchen knife
- paper towels

CURE MIX

Add fennel seeds, coriander seeds and juniper berries to a pan. Place over low heat and cook for about 30 seconds, then remove from the heat and crush them using a pestle and mortar. Finely chop the dill. In a small bowl stir to combine salt, sugar and smoked paprika. Add the ground seeds and berries and zest of one lime, stir to combine.

CURED SALMON

Sprinkle half of the cure mixture over a baking sheet lined with parchment paper. Place the salmon on top of the cure mix skin side down. Sprinkle the rest of the cure mix over the salmon and press the cure mix into the salmon fillet so it incorporates as much of the mixture as possible. Transfer the salmon fillet to a large [vacuum bag](#), making sure the fillet is covered in cure mix. Vacuum the salmon fillet using a Vacuum machine. We used a powerful Slovenian [Vacuum Machine SV2000](#) from Status Metlika. Place in a fridge for 24 - 48 hours.

SERVE

Remove the cured salmon fillet from the fridge. Open the vacuum bag and rinse the salmon under cold running water to remove all the cure mixture. Tap dry using a paper towel. Place on a wire rack or large tray and place in the fridge for 1 - 2 hours. Use a very sharp knife to thinly slice the gravlax and serve.

STORE

You can serve your Salmon Gravlax immediately or vacuum it again and store it. Store in a fridge for up to 3 weeks or place in the freezer for up to 2 months. Defrost by bringing it to room temperature.